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Dear Reader,

2021 holds so much hope and anticipation. Everyone (and I do mean everyone) is ready for things to get back to normal. COVID has taken its toll on society, and as a result people are ready to get on with their lives. But do we want to go back to normal? What do we really want out of 2021? What is God speaking to us about the upcoming year?

To begin the year, we'll take 21 days to pray, fast and seek God. During this time, we'll learn how to pray in three distinct ways. We'll learn how to pray Scripture, we'll pray tabernacle prayers and we'll pray the prayer of Jabez. Each of these prayer formats will draw us deeper into God's heart for our lives. Instead of focusing on what we want, our attention will be turned to what He wants. We'll take 21 days praying through and asking the following questions:

What plans and purposes does God has for us in 2021?

How can we pray with faith on behalf of our lost loved ones?

How can we align our prayers with God's heart for the country?

Let's approach 2021 humbly and ask God what His purpose is for us, our loved ones and the country in the coming year.

I can't wait to pray with you!

Javid David

Pastor David

### **HOW TO USE THIS BOOK**

We don't have to follow a specific formula to talk with God, but practicing different ways to pray can help us find deeper purpose and connection to Him through our prayer time.

This book is designed to give you several prayer models. You don't have to master all of them at once; you can select a different prayer model each day and spend time working through it at your own pace. You can go in any order you want, and you can even spend a few days on the same model as you become more comfortable with it.

To get started, choose which model you want to use today in prayer. As you pray, focus on the process the model reveals, giving yourself time to pray intentionally. If your mind wanders, use the model to restore your focus.

The goal of using this guide is not to add pressure or overwhelm you. The goal is simply to get comfortable with different biblical models of prayer and for your prayer life to become more natural, effective, and enjoyable. To make your prayer time even more meaningful, you can write notes and prayer requests and play worship music. The important step is committing to regularly entering God's presence through prayer.

The heart of this guide is to help you find a new level of purpose, effectiveness, and enjoyment in your prayer life. While prayer does take commitment and can require discipline to develop into a daily habit, we also want to remember that it's a "get to" not a "got to." It's a privilege to be able to come to God in prayer.

# WHY WE FAST by Andy Bondurant

So I turned to the Lord God and pleaded with him in prayer and fasting.

DANIEL 9:3A

A heads up. You will learn much more in the this booklet about prayer than fasting. It's common to hear people talk about their lack of regular prayer. No one even talks about fasting. I don't care if it's food, entertainment, sweets, social media or any other natural desire -- no one likes to fast.

So why do we fast?

Simply put, we fast to deny ourselves (1 Pet 4:8). When we deny our own natural desires, we are reminded to look to God for strength, encouragement and contentment. When we look to God, we see our lives and our world more clearly (Acts 13:2-3).

So the next three weeks, I encourage you to pray. However, I CHALLENGE you to fast. Give up something you really like or even love. Draw closer to God. See your world more clearly. See if God doesn't move through you!

#### PRAYER:

"God, this month I choose to give up \_\_\_\_\_. I do this not out of coercion or guilt, but so I can draw closer to you. As I deny myself, I pray you would draw near to me, cleanse me, speak to me and allow me to see my world more clearly. I look forward to what you speak and show me. I am eager to obey your word in your strength and timing."

### CREATING A LIFESTYLE OF PRAYER

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed.

**MARK 1:35** 

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

#### HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God — whether it's first thing in the morning, at lunch, or in the evening — and faithfully keep it.

#### HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

#### HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them

a prayer outline. It's "The Lord's Prayer. As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

### PERSONAL PRAYER FOCUS

God has put us on the earth at this specific time for a reason. He says in Acts 17:26 that He determined when and where

we would live. Knowing this, we can look at those around

us at this specific time in history, and take personal responsibility to pray.

I urge, then, first of all, that petitions, prayers,

intercession and thanksgiving be made for all people—

for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.

This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.

1 TIMOTHY 2:1-4

Pray for those in authority and those under your authority. Pray for those in your family and your circle of influence (anyone you're connected to). Write down the names of specific people and pray for them.

# **MY GOVERNMENT**

PRESIDENT
NATIONAL LEADERS
STATE & CITY LEADERS
MY FAMILY
SPOUSE/SIGNIFICANT OTHER
CHILDREN
PARENTS/SIBLINGS

#### 21 DAYS IN 2021

EXTENDED FAMILY			
MY CHURCH			
PASTOR			
SMALL GROUP LEADER			
SMALL GROUP MEMBERS			
SMALL GROUP MEMBERS			
MY LIFE			
···· -·· -			
EMPLOYER			
COWORKERS			
EMPLOYEES			

TEACHERS/PROFESSORS
CLOSE FRIENDS
THOSE WHO NEED GOD
THOSE WHO NEED GOD

### SCRIPTURE PRAYER 1

The Word of God is one of the most valuable tools we have to build a dynamic daily prayer life. It brings power, truth, and encouragement to our prayer time.

Let's begin with King David's Psalm 23. Take a moment to read it, and then use the prayer below as a way to use the psalm to have a conversation with God.

#### **SCRIPTURE:**

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

PSALM 23

#### PRAYER:

"God, You are my Provider, and I know You will take care of me. Thank You for guiding me to places of rest. You

are my source of energy and passion. You keep me going and lead me toward a life of purpose and freedom. I know that even when I experience my darkest seasons of difficulty and challenge, I have nothing to be afraid of because You are with me. Your presence and power are a constant comfort to me. I know that You are preparing the way for me and that my enemies cannot touch me because You are taking care of me. I know that You have blessed me, and I thank You for choosing me and

anointing me with purpose. Your blessings are so much more than I could ask for. I know that You are good, God, and that You are with me all the days of my life. You have chosen me, and I have chosen You, and that means I will be with You, in Your presence, forever."

### **SCRIPTURE PRAYER 2**

The Word of God is one of the most valuable tools we have to build a dynamic daily prayer life. It brings power, truth, and encouragement to our prayer time.

#### **SCRIPTURE:**

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

PSALM 139:23-24

#### PRAYER:

"Father God, I ask You to search my heart. If You find anything in me that is offensive, please show me and help me remove it from my life. Lead me to live a life that draws people to You. Help me live my life on earth in a way that impacts eternity."

### **SCRIPTURE PRAYER 3**

The Word of God is one of the most valuable tools we have to build a dynamic daily prayer life. It brings power, truth, and encouragement to our prayer time.

#### SCRIPTURE:

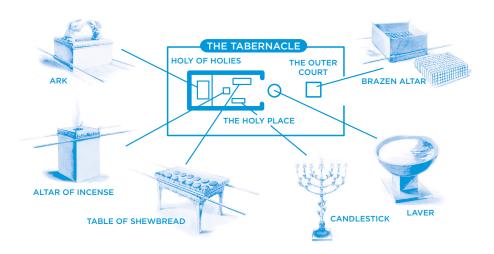
But seek first His Kingdom and His righteousness, and all these things will be given to you as well.

MATTHEW 6:33

#### PRAYER:

"Your Word tells me that if I seek first Your Kingdom and Your righteousness, You will lead me to a life of blessing, purpose, and freedom. I am Yours today, God, and I give this day to You. Help me to focus on Your priorities first, sharing Your love and making Your Name known. I know that by focusing on You rather than myself, I will receive joy and peace."

# THE TABERNACLE PRAYER



In the Old Testament, the Tabernacle was the dwelling place of God, built to His specifications, where He would meet His people. As they entered the Tabernacle, they passed through seven stations, following God's instructions, to experience His presence. Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. This prayer model will take us through each station of the Tabernacle and use the purpose of each station to guide our prayers.

### 01. THE OUTER COURT

#### THANKSGIVING AND PRAISE

The Israelites entered the Tabernacle with thanksgiving and praise, and we start our prayer time the same way.

Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.

PSALM 100:4

Spend some time really thinking about all the blessings in your life for which you're thankful. You can write down a list, sing your own song of praise, or just spend quiet moments reflecting on your gratitude and praise toward God.

#### PRAYER:

"Father God, You are good, and You deserve all my praise and more. Thank You for the many ways You have blessed me and for watching over me (tell Him specific things in your life that you're grateful for. Thank Him for something new that you've never thanked Him for before). I want to experience Your presence and Your love in a fresh way today, Jesus. I thank You that Your mercies are new every day. I thank You for who You are and all You have done for me."

### 02. THE BRAZEN ALTAR

#### THE CROSS OF JESUS

In the Old Testament, everyone had to regularly bring animal sacrifices as payment for their sins. Today, we don't have to do that because Jesus paid for our sins once and for all with His blood on the cross.

Praise the LORD, my soul, and forget not all His benefits— who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.

PSALM 103:2-5

Thank God for the gift of Jesus. Thank Jesus for His sacrifice and love. Let the power of the cross and what it means for your life really settle in your spirit. In addition to expressing your gratitude, claim the power of transformation and healing that the cross of Jesus has in your life.

The cross provides us with five major benefits:

- · Salvation God forgives all my sin
- · Healing God heals all my diseases
- · Redemption God rescues me and restores me
- · Transformation God changes me into His likeness
- · Blessing God provides everything I need

#### PRAYER:

"Thank You, God, for making a way for me through Your Son. Jesus, thank You for the sacrifice You made for me on the cross. You saved me, and You set me free. I praise You for being my Healer. You have power over all disease and harm in my life (list specific areas where you need to experience God's healing power). Thank You for being my Redeemer. You rescue me and give my life purpose. Thank You for transforming my life with Your love, for making me new. I want to grow to be more like You (give Him access to every area of your life). Thank You for blessing me. I know You have good plans for me and all that I have comes from You (thank Him for specific blessings in your life)."

### 03. THE LAVER

#### **CLEANSING AND PREPARING**

The next step in the Tabernacle was a bowl of water where people were reminded of their sinfulness and their need to be cleansed and forgiven by God. Checking our hearts and motives and surrendering our lives to God is an important part of daily prayer.

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

ROMANS 12:1 ESV

Because of what Jesus did on the cross, we can confess our sins to Him and receive complete forgiveness and a fresh start. In prayer, humbly and sincerely turn away from your sins and allow God to cleanse and renew you. Then, surrender your life and every part of yourself to Him.

#### PRAYER:

"God, I confess my sins to You and turn away from them

(tell God any sin you know is in your life and confess it to Him with a sincere heart. Ask Him to show you any other areas that need His cleansing). Thank You, God, for freely forgiving me. As I turn away from my sin, I turn toward You, and I offer myself to You:

- I give You my tongue, to speak good and not evil
- I give You my eyes, to focus on You and the needs of others
- · I give You my ears, to be sensitive to Your voice
- I give You my hands, to do good for others
- I give You my feet, to walk in Your ways and follow Your footsteps
- · I give You my mind, to be transformed and used by You

I ask You, Lord, for the fruit of the Spirit found in Galatians 5:22-23, so that I can grow closer to You and make a difference in the lives of others. I ask for: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control."

### 04. THE CANDLESTICK

#### THE HOLY SPIRIT

The next piece of the Tabernacle was a seven-branched golden candlestick. The fire represents the Holy Spirit and how we are called to be light in the world's darkness.

The Spirit of the LORD will rest on him — the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the LORD.

#### ISAIAH 11:2

When Jesus left the earth, Christians were given the gift of the Holy Spirit. He calls the Holy Spirit our "advocate." We cannot do what God has called us to do without His supernatural power. It is through the Holy Spirit that God comforts us, guides us, and empowers us.

#### PRAYER:

"Holy Spirit, I ask You to fill me up. I need Your presence in my life, guiding, directing, comforting, and counseling me. I know that You, Holy Spirit, are God, in the Trinity with God the Father and the Son, Jesus.

You are the Spirit of Wisdom, Understanding, Counsel, Might, and Knowledge. Give me a holy fear of the Lord, helping me to be in awe of who God is and what God does. Work in me, Holy Spirit. Teach and transform me (pray through any areas where you feel the need for transformation today). I honor You and ask You to empower me with Your spiritual gifts for the good of the church."

# 05. THE TABLE OF SHEWBREAD

#### THE WORD OF GOD

In the Tabernacle, a table with twelve loaves of bread represented the importance of reading God's Word for daily sustenance.

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

#### JOSHUA 1:8

God's Word is an incredible gift and a powerful tool, and it has great relevance and impact in our prayer life. Here is how you can incorporate God's Word into your prayer time:

- Take time to read and think about the Word
- Claim God's many great promises for your life and the world around you
- Ask Him for fresh revelation of His Word
- Ask Him for a Word to help you as you go throughout your day

"Thank You, God, for giving me Your Word. I commit to reading it, and I ask You to reveal Yourself to me through it. I want to know You more. Help me to grow more in love with Your Word and to be more dependent on it. I claim the promises You have for me, and I meditate on the truth of Your Word (pray any Scriptures that are on your heart or that God has given you in your current season). Give me fresh revelation from Your Word today and every day! I am hungry to see You more clearly through Your Word."

# 06. THE ALTAR OF INCENSE

#### WORSHIP

A small altar of burning incense stood at the entrance to the Holy of Holies, where God's presence dwelled. The people of God entered God's presence as they worshipped His Names. This altar represents worship and the pleasure it gives God when we worship Him.

The name of the LORD is a strong tower;

the righteous run to it and are safe.

PROVERBS 18:10 NKJV

Thank God for making His presence available to you. Praise His Names and worship Him personally and specifically for who He is and how He has moved in your life.

#### PRAYER:

"Thank You, God, for Your presence. I know that You are here with me. I worship You and You alone. I know God, that You are:

My Righteousness - Jeremiah 23:6 My Sanctifier - Leviticus 20:7-8 My Healer - Exodus 15:26 My Provider - Genesis 22:14 My Banner of Victory - Exodus 17:15 My Peace - Judges 6:24 My Shepherd - Psalm 23:1

(As you pray through the different Names of God, focus on a few aspects of who He is that have been especially meaningful in your current season of life.) I know that You are always with me, God, and Your presence is life to me. You give me breath, joy, and purpose. I love You, God."

# 07. THE ARK OF THE COVENANT

#### **INTERCESSION**

The final place in the Tabernacle was the Holy of Holies, where God's presence dwelled. There, the priest interceded by praying on behalf of the people of God. In the same way, we intercede on behalf of those around us.

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.

1 TIMOTHY 2:1-4

We can make a difference when we spend time praying for others. Pray for those with whom you interact and connect, including:

- Those in authority leaders in church, government, family, and workplace
- · Your family both immediate and

- extended family members
- Your church pastors, Small Group leaders, members, and missionaries
- Your community people in your city, nation, and world
- Your relationships friends, coworkers, acquaintances

#### PRAYER:

"Thank You, God, for creating a way through Jesus for me to have Your presence wherever I go. I want to specifically ask You to watch over those in authority over me - my spiritual leaders, the leaders of our government, the leaders in my family, and my employers (pray for these people by name). I ask that You give them wisdom and grace, watch over and protect them, help them to know and love You more. I ask You, God, to be present with my family. Bless them and keep them from harm (pray for any specific needs in your family right now). For those in my family who don't know You, I ask that You meet them where they are and guide their hearts toward You. I ask You to watch over my church, God. Give my pastor wisdom and vision, bless the Small Groups and everyone who steps foot into our buildings. I pray that You will bring the lost into our church, and that they will have a positive experience and come to know You. Keep our vision rooted in who You are and moving toward Your goals.

I ask You to watch over my city, my nation, and the world. Bring peace and help us all take steps toward You

(name areas where you feel a burden for your city, nation, and the world). I pray for anyone who comes across my path to see Your light in me. I lift up my friends, neighbors, and coworkers. I thank You for them and pray for Your blessing over them (pray for any specific needs of others). Lastly God, I ask You to provide for my needs. I know that You sustain me, and that You care for me. I lift up my physical, emotional, and spiritual needs to You (share the needs on your mind right now). I lay my cares at Your feet. Thank You for loving me, choosing me, and calling me Yours.

Amen."

### **SCRIPTURE PRAYER 4**

The Word of God is one of the most valuable tools we have to build a dynamic daily prayer life. It brings power, truth, and encouragement to our prayer time.

#### SCRIPTURE:

And we know that in all things God works for the good of those who love Him, who have been called according to His purpose.

**ROMANS 8:28** 

#### PRAYER:

"God, You promise me in Your Word that in all things You work for my good. Right now, there are circumstances in my life that don't feel good and that I can't see an ounce of good in (talk to God about the specific situations that are causing you difficulty or pain). Even though this is how I feel, I choose to believe Your truth over my feelings. When You say You will work in all things for my good, I believe You. Even in situations that seem hopeless, I know You are working on my behalf and that You want more for me than I could ever want for myself. Thank You for having a purpose for me and for working all my life circumstances for good."

### THE PRAYER OF JABEZ

Jabez cried out to the God of Israel, "Oh, that You would bless me and enlarge my territory! Let Your hand be with me, and keep me from harm so that I will be free from pain." And God granted his request.

1 CHRONICLES 4:10

The Prayer of Jabez is a helpful model of a prayer we can pray every day.

### 01. BLESSING

Jabez begins his prayer by asking God for His blessing. We need more of God's blessing to be better equipped to make a difference for His Kingdom. We need more provision, more spiritual gifting, more wisdom, so that we can bless others with what God has given us. James 4:2-3 tells us, "You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures." God wants to bless us, but He is often waiting for us to ask with the right heart. We have

a big God, and we can be bold in asking for His blessing. As James points out, God sees our heart, and when we ask for blessing with the motivation not only to help ourselves but to help others, this gets His attention.

"Oh, that You would bless me..."

#### 1 CHRONICLES 4:10

Ask God for His blessing. Recognize your need for His provision, and set your heart toward wanting more than you need so that you can be a blessing to others.

#### PRAYER:

"Father God, I pray that You would bless me with more than I need so that I can bless others. I pray for more provision, that You would equip me to give generously to others and meet their practical needs in Your Name. I ask You to give me greater spiritual gifting so that I can strengthen the church and be more effective for the Kingdom of God. I pray for an abundance of wisdom and discernment so that I can point others to You and make decisions that honor You. Help me keep Your generous blessings in perspective, so that I never become self-serving but stay focused on using what You've

given me to serve other people."

#### 02. INFLUENCE

Next, Jabez asks for more influence. As God's blessings increase in our lives, we ask for and experience greater opportunity to influence the world around us for Him. God has the power to bless us greatly, and He also has the power to open doors of opportunity for us to make a difference. We want to walk through doors that only He can open, and He responds when we specifically ask Him to give us more influence for His Name.

"Enlarge my territory..."

1 CHRONICLES 4:10

Pray for more influence. Knowing that God can make a way, trust in Him to open doors and lead you on the best path for your life and for His glory.

### PRAYER:

"God, make me effective in my sphere of influence, and open new doors for me to be able to influence and reach even more people (name any particular areas where you'd like to have more influence). Help me to be a good steward of the responsibility You've entrusted to me. I pray for greater territory to impact for Your glory."

## 03. PRESENCE

In order to have lasting influence, we need God's presence in our lives. Through His power at work within us, God can do more than we could ever ask or imagine (Ephesians 3:20). As we ask for blessing and influence, we also need to ask for His presence as Jabez did so that we are not operating out of our own strength but through the presence and the hand of our Almighty God.

"Let Your hand be with me..."

1 CHRONICLES 4:10

In humility, acknowledge your need for God's presence. Depend on Him and ask for more of Him in your life today.

#### PRAYER:

"Lord, I know that without You, I am nothing. I cannot do what You've called me to do on my own. I am desperate for Your presence in my life. I depend on You completely. I recognize that the same Spirit who raised Christ Jesus from the dead lives in me. Through the power of Your Spirit, I pray that You will help me succeed in the opportunities You've given me. Thank You for being with me. I would never want to face today without You."

## 04. PROTECTION

Finally, Jabez asks the Lord to protect him. If we are influencing the world for Jesus, we must understand the enemy will try to stop us. This leads us to pray that God will not only help us if the enemy attacks, but that He will protect us from the enemy attacking us in the first place. Jesus has already won the victory so we don't need to fear destruction. God promises to be with us and protect us, and because He is with us we have nothing to fear.

"Keep me from harm"

1 CHRONICLES 4:10

Trust God to protect you. Tell Him specific areas where you feel the need for His protection and ask Him to cover areas that you can't yet see.

#### PRAYER:

"God, as I walk out the purpose You have for my life, I pray that You will stop any and every attack of the enemy against me. Please protect my body, my mind, and my emotions. Don't let the enemy get a foothold in my life. I pray, too, that You will protect my family and community from harm. I know that the One who is in me is greater

than the one who is in the world, so I have nothing to fear. Thank You for watching over me. I love You and I trust You."

## **SCRIPTURE PRAYER 5**

The Word of God is one of the most valuable tools we have to build a dynamic daily prayer life. It brings power, truth, and encouragement to our prayer time.

#### SCRIPTURE:

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

PHILIPPIANS 4:6-7

#### PRAYER:

"Father, my heart feels anxious (tell God what is giving you anxiety). I don't like this feeling, but I'm thankful I can come to You and receive peace. You invite me to replace my anxiety with prayer, and even though my mind and heart are racing, I'm coming to You knowing that You provide healing and calm for my soul. Thank You for giving me breath and life. I thank You that I am fearfully and wonderfully made in Your image. I lay down all worries, all my physical and mental anxiety, and any attempt at trying to control it all (tell Him the

things you are laying down right now). I surrender it all to You. I need You. I need Your peace that transcends my human understanding. Even if things are unstable around me, I pray that Your peace will be evident in my heart and my life. Guard my heart and mind, God. I trust that You are faithful, and I receive Your peace in my life today."

### **SCRIPTURE PRAYER 6**

The Word of God is one of the most valuable tools we have to build a dynamic daily prayer life. It brings power, truth, and encouragement to our prayer time.

#### **SCRIPTURE:**

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

MATTHEW 11:28-30

#### PRAYER:

"Lord Jesus, I am so tired and worn out (tell God the areas that you're tired and weary). I feel exhausted mentally and physically. Life feels hard, and I feel like I can't keep up my current pace. You invite me to come to You when I am weary, and I fall at Your feet desperate for rest, peace, and perspective. Show me where I am trying to do things on my own. Show me where I need to rest instead of strive. Teach me Your ways. Show me how to walk in gentleness, humility, and rest. I know Your ways are higher than my ways, and I pray that You will transform my heart and mind to be more like You."

## PERSISTENT PRAYER by Joel Holland

Pray without ceasing.

**1ST THESSALONIANS 5:17** 

1st Thessalonians tells us to pray to Him without ceasing. At face-value, this seems like too much to ask. How can we practically pray to the Lord when there are things to get done? Sometimes we view prayer as an excuse from action, but that isn't accurate at all! True prayer is one of the best ways we can spend our time!

We know there will always be things that could distract us from lifting things up to Him. Perhaps you've heard it said, "I just don't have time." The truth is, we all have time! The question is, what will we do with it? What will we make a priority?

We're not meant to ignore the life happening around us, but consider Him in all of it! The Lord wants to walk beside us when we're with others and when we're alone. When we pray without ceasing, we're communicating that we want His presence all the time. Daniel was in conflict with his government when he prayed, but he still prayed. Jesus was surrounded by people who needed him, but He still made time to get away and pray to the Father.

As we end this time of prayer and fasting, and we move on into the rest of 2021, let's be a people that value time with Him!

#### PRAYER:

"God, you are worthy of my time and attention. Thank you that you want to hear from me. Thank you that I can come to you with my burdens and my joys. May prayer become a consistent part of my life. Instead of simply saying "I'll pray for that," may I stop and pray for others right then and there.

May you keep the Enemies distractions from me. Give me the patience and determination to be still. May I not just talk, but listen with our time together. Thank you for your presence and that I have access to you 24/7. Help me to be a person of prayer. Thank you for the confidence that I have in a future with you forever."

# SOITURNED THE AND PLEADED WITH HIM IN PRAYER FASTING.

**DANIEL 9:3a** 

